



Smt. Mallavabai Valyal Memorial Charitable Dental Hospital & Research Centre, Solapur Undertaking

# **PANDIT DEENDAYAL UPADHYAY DENTAL COLLEGE**

Recognized by Dental Council of India, New Delhi and Affiliated by M.U.H.S Nashik

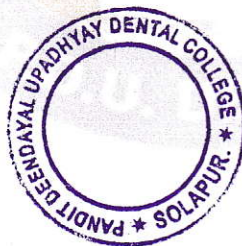
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## **ANNUAL GENDER SENSITIZATION ACTION PLAN 2018**

It is decided by the committee members to conduct various programs related to address current issues faced on day to day bases for empowering women creating conducive environment at workshop creating conducive environment at workplace for both genders and especially for all women of the institute. The list of programs finalized are as follows:

1. A seminar will be organized on the topic " The secret of happy and stress free life by Acharya Kripayanandani Avadut
2. A seminar will be conducted on ' Infection control" by Dr. Mrs. Jyoti Chidgupkar on 19<sup>th</sup> December 2018



  
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## Annual Gender Sensitization Action Plan 2019

It is decided by the all committee members to conduct various programs related to address current issues faced on day to day bases for empowering women creating conducive environment at workplace for both genders and special self-defence training for all women of the institute. The list of programs finalised are as follows:

1. To conduct a seminar on topic "Tackling the obstacle : language barrier" by Dr. Mona Shah  
On 7<sup>th</sup> Feb 2019 duration of 3 hours
2. To conduct a workshop on "Hasya Yoga" by Dr. Sushma Dugad, Respiratory physician, Nashik
3. A workshop on "Art of Living" will be conducted by Dr.Pushpa Agarwal for all the students and staff members.
4. To conduct a UG Scientific Convention on 13<sup>th</sup> September 2019.
5. To organise a "Night Rally" at 12:00 am for women safety on 23<sup>rd</sup> Dec 2019



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## **Annual Gender Sensitization Action Plan 2020**

It is decided by the all committee members to conduct various programs related to address current issues faced on day to day bases for empowering women creating conducive environment at workplace for both genders and special self-defence training for all women of the institute. The list of programs finalised are as follows:

1. To organise "Maharashtra Oral Health Day" on 5<sup>th</sup> of Feb 2020.
2. To conduct a UG Scientific Convention on 13<sup>th</sup> and 14<sup>th</sup> Feb 2020.
3. To organise Seminar on the occasion of Women's Day on 8<sup>th</sup> March 2020.
4. To organise "Chuppi Todo" to stop sexual abuse of children and safety of children on 23<sup>rd</sup> Feb 2020.




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## Annual Gender Sensitization Action Plan 2021

It is decided by the all committee members to conduct various programs related to address current issues faced on day to day bases for empowering women creating conducive environment at workplace for both genders and especially for all women of the institute. The list of programs finalised are as follows:

1. To conduct a seminar on "Critical thinking and decision making in work front" on 6<sup>th</sup> Feb 2021
2. A scientific program will be conducted regarding Covid-19 pandemic organised by Dr. Sachin Mumbare and Dr. Virendra Prakash Kashetty and Dr. Prasanna Kasegaonkar on 3<sup>rd</sup> March 2021
3. Lecture will be conducted on topic importance of body language in communication by the speaker Dr Mona Shah on 10<sup>th</sup> March 2021
4. A lecture will be conducted on time management during the examination "Make hay while the sun shines" by the speaker Dr. Varun Deshpande on 6<sup>th</sup> June 2021
5. Workshop will be conducted on yoga and wellness on the occasion of International Yoga Day by Dr Ramchandra Hathwani and Shivkumar Bagalkote on 21<sup>st</sup> June 2021
6. A seminar will be conducted on Problem solving and considering differential diagnosis on 6<sup>th</sup> June 2021.
7. Various modules will be organised by Mrs Snehal Pendase chairman of Solapur Yoga organisation on the occasion of same on 21<sup>st</sup> June 2021



  
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8. A seminar will be organised on the topic "Mental health and stress management" by the speaker Dr.Anvekar 28<sup>th</sup> July 2021
9. A workshop will be conducted on "Basic Life Support" by Dr.Agarwal on 24<sup>th</sup> Nov 2021.
- 10.A workshop will be conducted on "Medical Emergency" by Dr. Rajendra Birangane on 25<sup>th</sup> November 2021



  
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## Annual Gender Sensitization Action Plan 2022

It is decided by the all committee members to conduct various programs related to address current issues faced on day to day bases for empowering women creating conducive environment at workplace for both genders and especially for all women of the institute. The list of programs finalised are as follows:

1. A seminar will be conducted on World Cancer Day by the speaker Dr.Dinesh Pawar on 4<sup>th</sup> Feb 2022
2. UG Convention will be organised on 16<sup>th</sup> Feb 2022
3. A seminar will be conducted on "Pathogenesis of oral lesions" on the occasion of Oral Pathology Day" by Dr. Patne on 24<sup>th</sup> Feb 2022
4. A lecture will be arranged on "The way to live life to the fullest for a women" by speaker Dr.Sneha Shinkhede on 8<sup>th</sup> March 2022
5. A lecture will be conducted on the topic "Enhancing the beauty within us" by the speaker Dr.Sneha Chakote emphasising on personality development on 9<sup>th</sup> March 2022
6. A seminar will be organised on the topic "Be proud of you mouth" on the occasion of Oral Health Day on 21<sup>st</sup> March 2022
7. A seminar will be organised on the topic "What after BDS?" by Dr.Denzy Lawrence on 13<sup>th</sup> April 2022
8. A workshop will be arranged on "Yoga and Wellness" by Mrs.Snehal Pendese on the occasion of International Yoga Day on 21<sup>st</sup> June 2022



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9. A lecture will be conducted on Personality Development (Roleplay) by Dr.Smita Kole, IDA President, Solapur on 15<sup>th</sup> August 2022

10.A workshop on "Capability Enhancement Program" will be conducted featuring various topics explained by various speakers 7<sup>th</sup> Dec 2022



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Date 3 AUG 17

## ANNUAL REPORT- GENDER SENSITIZATION PROGRAMME 2017-2018

Year	Title Of Programme	Date	Number Of Participants
2017-2018	Womens health- Talk on womens health. Know your body speak to an expert	14 <sup>th</sup> - 15 <sup>th</sup> november 2017	73

Three meetings were held in this year

A program on womens health was organized on 15<sup>th</sup> November 2017, Dr. Anjali chitnis and Dr. Meenal chidgupkar talked on womens helth and menstrual health.

Dr. Anjali chitnis spoke about common gynecological issues faced by young women like PCOD, irregular menstruation, thyroid problems and fertility issues. The day two consisted of every day health issues discussed by Dr. Chitness, students were made aware of regular health with the gynecologist. This was followed by a talk by the eminent gynecologist Dr. Minal Chitgupkar and how the need of the hour was to save environment and get into the habit of using alternate environment friendly measures like menstrual cups and period pants.



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Date: 6/6/18

## ANNUAL REPORT- GENDER SENSITIZATION PROGRAMME 2018-2019

Year	Title Of Programme	Date	Number Of Participants
2018-2019	Secrete of happy stress free life	21 <sup>st</sup> 22 <sup>nd</sup> june 2018	66
2018-2019	Self discipline	23rd october 2018	42
2018-2019	Hasya yoga	29th january 2019	55
2018-2019	Women's day	8/3/2019	40

Two meetings where held in this year. The following program was organized and conducted

1. Secrete of happy stress free life was conducted on 21<sup>st</sup> and 22<sup>nd</sup> June 2018 by acharya kripamayanand avadhut he gave very informative lecture. On stress management and it was very beneficial for audience.
2. A programme on the Self discipline was conducted on this date 23rd december 2018 by Dr. varun deshpane . He explained significance of self discipline in life as well as at the workplace.
3. A program was conducted on 29<sup>th</sup> January by Dr. sushma duggad and Dr. chidgupkar Dr. Sushma Dugaad then enlightened us on the effect of laughter on general health. Examples where given how laughter help in improving sleep disorders, lowered anxiety and depression of individuals and thus promoted their social function.
4. A programme on women's day was organized on 8<sup>th</sup> march 2019. The speaker Dr. jyoti chidgupkar spoke on the importance of women health and personal hygiene.



  
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Date: 4/7/19

## ANNUAL REPORT- GENDER SENSITIZATION PROGRAMME 2019-2020

Year	Title Of Programme	Date	Number Of Participants
2019-2020	English language program	15 <sup>th</sup> 16 <sup>th</sup> October 2019	60
2019-2020	Art of living	20th - 21st november 2019	74
2019-2020	Raatragini (Night walk)	23rd december 2019	45
2019-2020	Chhupi todo- Against child abuse	23rd february 2020	45

Two meetings were held in this year.

- A program was held by the department of oral pathology on English language development, the program was for two days dated 15/10/2019 and 16<sup>th</sup>/10/2019. The program was conducted with an intention to develop listening, speaking, reading, understanding and writing skills in English. The first day started with inauguration followed by talks by our speaker Mrs. Sai Suseela Vinod (MA BEd English literature) on various topics like basics of grammar and group discussions, post lunch was a talk on importance of phonics. Day two consisted of various exercise given to students and its assessment, talk on vocabulary related to dentistry by Dr. Noopur.
- A program on "ART OF LIVING", was arranged by the department of periodontics for the first and second year. The guest speaker of the day Dr. Pushpa Agarwal madam, a renowned speaker and a follower of art of living spoke on capability of leading a fulfilled life emphasizing on the importance of being happy which will help us lead a good life.



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- On 22rd december 2019 the ratragini night walk was organized by dainik divya marathi. The program was carried out to send out a message that the women can walk fearlessly and without being stigmatized on the streets in the night. Women can also go out without time restriction
- On 23<sup>rd</sup> february 2020 The program was organized to actively encourage the audience to stop the child abuse and take a step towards preventing it. And conveying the same to various sectors of people they come across at home and their college or work environment. Child abuse and neglect are serious global problems and can be in the form of physical, sexual, emotional or just neglect in providing for the child's needs



  
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Date: 8/6/20

ANNUAL REPORT- GENDER SENSITIZATION PROGRAMME 2020-2021

Year	Title Of Programme	Date	Number Of Participants
2020-2021	PPE and covid 19	19 <sup>th</sup> AUGUST 2020	56
2020-2021	Interpersonal relationship	7 <sup>th</sup> December 2020	55
2020-2021	Covid 19 pandemic	3 <sup>rd</sup> – 4 <sup>th</sup> march 2021	86
2020-2021	Women's day	8 <sup>th</sup> march 2021	50

Two meetings were held in this year.

- On 19<sup>th</sup> august 2020 the programme was conducted by Dr. Yogesh doshi. He briefed about the appropriate and necessary use of personal protective equipment (PPE) which would reduce a health care worker's likelihood of getting infected with the virus as well reduce chances of secondary spread. He explained that OSHA recommends that healthcare workers with exposure to suspected or confirmed COVID-19 patients wear: Gloves. Gowns. Eye/face protection (e.g., goggles, face shield) and N95 masks.
- A work shop on the interpersonal relationship was conducted on this date 7<sup>th</sup> December 2020. Dr. Rajendra Birangane began his lecture by explaining the meaning of the interpersonal relationship which refers to a social connection, association, interaction and bond between two or more people. He went on explaining types of relationships such as



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family relationships, friendships, acquaintance and the romantic once. With respect to college it involves the individuals working together in same institute, in the same department and in the same team. He stressed at interpersonal relationships are important for our overall physical and emotional happiness and also gives you a sence of purpose in personal life.

- A Program was conducted by department of Public health department on "COVID 19 PANDEMIC" on 3<sup>rd</sup>-4<sup>th</sup> March 2021. The 1<sup>st</sup> scientific session included a lecture on covid 19 vaccine current scenarios and future prospective by Dr. Sachin Mumbare, this was followed by a talk on role of laboratory in covid 19 management by Dr. Virendhra Kashetty professor in Ashwani rural medical dental college Solapur. The afternoon session comprised an interesting session by Dr. Prasanna kasegaonkar an eminent neuro-physician CNS hospital Solapur on "Covid 19 management and my experiences". The next day began with a protocol on clinical guidance for adult covid 19 patients by Dr. Virendhra Kashetty, followed by post covid 19 complications and management by Dr. Jyothi Chidgupar professor department of microbiolpgy and pathology.



A handwritten signature in blue ink, consisting of a stylized 'V' shape followed by a horizontal line and a diagonal stroke.

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Date: 2/6/21

## ANNUAL REPORT- GENDER SENSITIZATION PROGRAMME 2021-2022

Year	Title Of Programme	Date	Number Of Participants
2021-2022	Make "Hay while the sun shine". Time management	7 <sup>th</sup> – 8 <sup>th</sup> June 2021	78
2021-2022	Hepatitis <del>day</del> and mental stress	27 <sup>th</sup> – 28 <sup>th</sup> July 2021	76
2021-2022	Voters day	25 <sup>th</sup> January 2022	77
2021-2022	Womens day	8 <sup>th</sup> march 2022	45
2021-2022	What after BDS	13th april 2022	66

Two meetings were held in this year

1. work shop on time management was arranged on 7<sup>th</sup> and 8<sup>th</sup> june 2021 named make "Hay while the sun shine". the program began with an introductory lection on what is time management by Dr. Vidhi Shah, this was followed by a talk on general time Management tools which gave an insight into the range of resources designed to improve time management over all. The talk also offered practical solutions to common time management challenges by Dr. Noopur MK. In the afternoon session we hand a lecture on time management in dental practice, where emphasis was made on prioritization scheduling, goal setting and concentration and focus by Dr. Varun Deshpande.
2. In honor of world hepatitis day, a program was arranged by the department of PHD on 27<sup>th</sup> and 28<sup>th</sup> july 2021 named "Hepatitis and stress management". The program began with a lecture by DR. Birangane on viral hepatitis were he stressed on the life threatening disease hepatitis b which affects the liver having similar symptoms like jaundice in the initial stages. The Dr. Abhay kulkarni spoke on preventive measures for viral hepatitis and the importance of water sanitization and hygiene he also cautioned about needle



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stick injury and stressed on the importance of early prophylaxis. Dr. Jyothi Chidgupkar spoke about the microbiological test for diagnosis of the various hepatitis types. Day 2 began with a lecture on mental health and stress management by Dr. Sampada Anvekar neuro physchiatric of repute from solapur. She spoke on importance of mental health and myths and facts about depression.

3. 25<sup>th</sup> January 2022 the institution celebrated National Voters Day and held a talk by the principal Dr. Rajendra Birangane on the importance and right to vote for all those above the age of 18 years. The main purpose is to create electoral awareness amongst citizens and encourage them to participate in the electoral process. Dedicated to the voters of the country the National Voters day is also used to facilitate enrolment of voters especially the newly eligible young voters. New voters are selected and handed over their Elector Photo Identity Card.
4. On the occasion of womens day i.e. 8th march 2022 a program was organized by the department of Public health dentistry and pediatric and oral pathology department. 1st of the day Mrs. Sneha shinkhade a renounded motivational speaker who spoke in marati about the different phases of a womens life and the importance of her role in well being of her family and society. The 2nd Dr. Smita chakote a dermatologist gave an enthusiastic speech on beauty of the inner self of a women she also emphasized of the fact that its importante to be happy from within to look beautiful from the outside.
5. What after bds programe was organized on 13<sup>th</sup> april 2022 by speaker Dr. Denzey to guide the students of final year and intern hoping the program will help them mold there future.



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